

# SLEEP IN AOTEAROA 2018

## PRELIMINARY PROGRAMME

### FRIDAY 11 MAY

Time	Topic	Speaker
9.30am	Welcome	Ken Whyte
9.40am	Horizon scanning in SDB - Alternatives to CPAP in coming years – will they deliver?	Peter Eastwood
10.30am	Home NIV in NZ – National survey results	Alister Neill
11am	NIV versus CPAP in OHS – the trans-Tasman divide	Dan Garner/Ken Whyte
11.30am	Motor Neurone Disease – end of life care & respiratory support – The Christchurch approach	Rachel Weisman
12pm	Lunch	
1pm	New Investigator Award presentations	
2pm	Year in Review (Paediatric sleep, adult sleep medicine and sleep physiology)	Barbara Galland Clair King Paul Kelly
3pm	Afternoon Tea	
3.30pm	Scientific and clinical abstract presentations	
5pm	ASA NZ Branch AGM	
7pm	Dinner	

### SATURDAY 12 MAY

Time	Topic	Speaker
9am	Sleepy driving from the point of view of an expert witness	Philippa Gander
9.30am	Review of sleep disorders and sleepiness & their societal impact – the ASA perspective	Peter Eastwood
10am	Practical insomnia treatment strategies for sleep health practitioners	Bronwyn Sweeney
10.30am	Morning tea	
11am	NATA Sleep Laboratory Accreditation	Janet Copland
11.30am	Accreditation of Sleep Laboratories – Improving ourselves through QA techniques	Angela Campbell
12pm	The value of qualitative research	Rosie Gibson
12.30pm	Brainstorming – the future of Sleep in Aotearoa	Ken Whyte
12.45pm	Closing remarks	Ken Whyte